# Sale prices good from: 01/14/16 - 02/10/16

Grocery

C20 **Pure Coconut** Water

selected varieties 17.5 oz.





\$1.69 reg. \$2.29 ea. 1 ltr., \$3.79 reg. \$5.79 Kind **Fruit & Nut Bar** selected varieties- 1.4-1.6 oz.



reg. \$2.29 ea. 5 pk., \$3.99 reg. \$5.49 Nature's Path **Organic Cereal** selected varieties 25-32 oz.



GREAT

**S6.9**9 reg. \$9.99 ea.

Cereal or Granola 10.6-14 oz., \$3.49 reg. \$5.29

**Pacific Foods** Organic Almond, Coconut or **Hazelnut Beverage** selected varieties- 32 oz.



reg. \$3.19 ea.



**KETTLE BAKED** 

selected varieties



reg. \$3.29 ea.



Barbara's Bakery Cereal selected varieties 8-16 oz.



reg. \$5.59 ea.



Muir Glen **Organic Tomatoes** 

selected varieties 14.5 oz.



reg. \$2.59 ea.



**Westbrae Naturals Organic Beans** selected varieties- 25 oz.



reg. \$3.99 ea.



Look for HowGood Ratings to Shop Sustainably

(For details see HowGood Insert)



(Better than 75%) Of all food produced in the U.S.



(Better than 85%) Of all food produced in the U.S.



(Better than 95%) Of all food produced in the U.S.

essentia Water 1.5 ltr.



reg. \$2.69 ea.



R.W. Knudsen **Just Juice** selected varieties 32 oz.



**Orgain** 

**Organic** 



reg. \$9.49 ea. Black Cherry, **\$4.99** reg. \$6.99



**Ancient Harvest Organic Quinoa Pasta** selected varieties-8 oz.



reg. \$3.59 ea. 12 oz., \$5.99 reg. \$8.09 Angie's **Popcorn** selected varieties 5 oz.





reg. \$4.19 ea.



gomacro **MACROBAR** selected varieties- 1.9-2.5 oz.



reg. \$2.89 ea.

**Nutritional Shake** selected varieties 11 oz.



Amy's Organic Refried Beans selected varieties 15.4 oz.



reg. \$3.59 ea.

Chili, selected varieties, 14.7 oz., \$3.29 reg. \$4.19



ginger people **Ginger Soother** selected varieties- 32 oz.





reg. \$5.09 ea. 16 oz., \$1.79 reg. \$2.09



Grocery

**Choice Organic Organic Tea** selected varieties





Blue Sky Zero Soda selected varieties 12 oz.



reg. \$3.29 ea.

**Energy Bar** 

selected varieties

Clif

2.4 oz.

Food Should Taste Good **Tortilla Chips** 

selected varieties





reg. \$3.89 ea.

Cabo Chips
Tortilla Chips

selected varieties

5.5 oz.

GREAT

**Boulder Canyon** 

5.25 oz.

**Potato Chips** 



Mamma Chia **Organic Bar** or Snack

reg. \$5.19 ea.

selected varieties 1.4 or 3.5 oz.



16 oz.

reg. \$2.09 ea.

**Organic Tea** 

selected varieties

reg. \$1.09 ea.

Honest T



reg. \$1.69 ea. 5 pk., \$3.49 reg. \$4.79



reg. \$4.09 ea.

Snikiddy

4.5 oz.

\$1.69 reg. \$2.39 ea.

**NEW YORK SELTZER** Seltzer

selected varieties 10 oz.



\$1.59 reg. \$2.29 ea.

Coombs **Organic Grade B** Maple Syrup 8 oz.



reg. \$11.59 ea. Grade A, 12 oz., \$11.99 reg. \$16.69

skout **Organic Pumpkin Seeds** selected varieties 2.5 oz.



RAW PUMPKIN

**ECOS** 

reg. \$5.29 ea. Trailbar, selected varieties, 1.8 oz., \$1.79 reg. \$2.59

**Earth Friendly ECOS Liquid Detergent** selected varieties 100 oz.



reg. \$3.69 ea.

**Food Merchant Organic Polenta** selected varieties- 18 oz.

reg. \$4.19 ea.



reg. \$7.59 ea.

ecover

**Bleach** 

32-64 oz.



reg. \$18.69 ea.

seventh generation Dish Liquid selected varieties 25 oz.



Select 7th generation Products on Sale

reg. \$4.59 ea.

## Chill & Frozen

daiya **Dairy Free Pizza** 

selected varieties





reg. \$12.29 ea.

LIVE SODA Organic Kombucha Soda selected varieties 12 07.



reg. \$3.39 ea.

Califia Farms **Citrus Juice** selected varieties 10.5 oz.







Dr. Praeger's **Veggie Burgers** selected varieties- 11 oz.





reg. \$5.29 ea.

### daiya **Dairy Free Shredded** or Cream Cheese selected varieties-8 oz.





reg. \$6.89 ea. Cheezecake, 14.1 oz., \$6.59 reg. \$8.69 **House Foods** Tofu or Shirataki **Miracle Noodles** selected varieties-8-14 oz.





\$1.49 reg. \$2.29 ea. DHA Omega Tofu, 12-14 oz., \$1.69 reg. \$2.69 **DAHLICIOUS Smoothie** selected varieties 32 oz.

reg. \$2.79 ea.



reg. \$9.59 ea.

Lifeway Kefir selected varieties 32 oz.





KEVITA MASTER BREW

reg. \$5.99 ea. Plain or Wildberry, 32 oz., \$4.59 reg. \$6.89

## **Turtle Island Foods Tofurky Sausage** selected varieties- 14 oz.



\$3.99 reg. \$5.99 ea. Artisan Sausage, \$4.99 reg. \$8.29

Food for Life **Ezekiel 4:9 Bread** selected varieties- 24 oz.



reg. \$5.39 ea. English Muffin, selected varieties, 16 oz., \$3.79 reg. \$4.79

**SO Delicious Coconut Milk** selected varieties

64 oz.



S3.59 reg. \$5.69 ea. Coconut Milk Creamer, selected varieties, 16 oz., \$2.49 reg. \$3.99

**Follow Your Heart Vegan Cheese** selected varieties- 7 oz.



reg. \$6.79 ea. Sour Cream, 16 oz., \$3.59 reg. \$6.39 Califia Farms **Pure Almondmilk** selected varieties- 48 oz.







**S4.59** reg. \$6.19 ea. Almond Barista, 32 oz., \$2.99 reg. \$4.19

van's Waffles



\$2.69 reg. \$3.99 ea. Power Grains, 9 oz., \$2.69 reg. \$4.59

KeVita **Organic Sparkling** Probiotic selected varieties- 15.2 oz.



KOMBUCHA

reg. \$3.69 ea.

**Earthbound Farm Organic Fruits** selected varieties- 10 oz.



reg. \$5.99 ea. Veggies, 8-10 oz., <mark>\$2.69</mark> reg. \$3.79

Royal Hawaiian Orchards Hawaiian Macadamia

selected varieties 5 oz.



reg. \$8.59 ea. Mac Crunch, 4 oz., \$4.99 reg. \$7.09

**Big Island Booch** 

Kombucha

selected varieties

12 07.

reg. \$4.69 ea.

**BioAstin 12Mg** 50 vcap.



\$30.49

reg. \$47.79 ea. OmegaAstin on Sale BioAstin 12mg 50 Vegan Caps: Naturally Grown in Kona, Big Island. Pure Vegan Formula contains 12mg of the Super Anti-Oxidant Astaxanthin, strongest capsule on the market. Start the year off healthy and strong by taking a full 12mg of Hawaiian Astaxanthin, proven to fight oxidation and inflammation throughout your entire body. Research shows improvement in Skin Protection as an internal sunscreen, improved mobility associated with Joint inflammation, and a quicker recovery from intense workouts. See what BioAstin can do for you!

Hawaiian Bee Company **Tropical** 

**Blossom Honey** 



\$5.49

reg. \$6.89 ea. 13 oz. \$7.99 reg. \$10.39 **Kaiulani Spices** selected varieties



\$6.59

reg. \$9.59 ea.

exotic curry \$7.49 reg. \$11.09

Paradise ORAC-Energy

Earth's Blend

**Multi Vitamin** 

selected varieties

30 vcap.

**Anahola Granola** 

selected varieties 12 oz.



reg. \$7.69 ea.

**PUNA NONI** naturals Lotion

selected varieties



reg. \$12.29 ea.

## ness

**Master Supplements Theralac Probiotic** 

30 vcap.



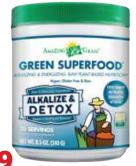
\$35.69

reg. \$47.99 ea.

10 ct. and Children's On Sale

**Amazing Grass** Alkalize & Detox

8.5 oz.



Boiron Coldcalm or **Chestal HONEY** 60 tab. or 6.7 oz.

60 vcap., \$16.99 reg. \$37.39

reg. \$20.89 ea.

Coldcalm' BOIRON

Paradise

ORAC-Energy

ne Daily Superfor

reg. \$14.09 ea.

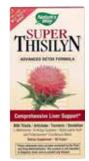
vega one **Nutritional Shake** 

selected varieties 29.2 oz.



reg. \$81.99 ea. Select ONE and Whole Food Line on Sale

Nature's Way **Super Thisilyn** selected varieties 60 vcap.



reg. \$34.89 ea.

Select Thisilyn Capsules and Kits on Sale

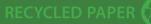
Quality of Life **Oligonol 100Mg** 30 vcap.



As we age, it is important to support blood circulation, protect against cell oxidation, and minimize inflammation. Since blood carries oxygen and nutrients to every cell of the body, when it doesn't circulate properly, it can affect your skin, your energy levels, and your heart.

**\$26.5**9

reg. \$35.39 ea. Line on Sale



reg. \$35.49 ea.

Line on Sale

# Wellness

**New Chapter Zyflamend Whole Body** selected varieties- 60 ycap.



reg. \$50.19 ea. 30-180 vcap. on Sale

**Host Defense MyCommunity** 

60 vcap.



reg. \$35.99 ea. Line on Sale

SunWarrior **Classic Plus Raw Protein** 

selected varieties



reg. \$32.19 ea. SunWarrior Line on Sale

natural Factors **Lung, Bronchial** & Sinus

45 tab.



\$10.99

reg. \$17.59 ea. 90 tab., \$19.59 reg. \$28.89 Flora **Udo's Choice** Super 8 **Probiotic** 60 vcap.



reg. \$43.79 ea. **Probiotic Line on Sale** 

**Source Naturals Wellness Formula** 



reg. \$29.89 ea. 2 oz., 45 tab. and 180 tab. on Sale

inner-eco **Probiotic Kefir** selected varieties- 15 oz.



\$17.59

reg. \$23.49 ea. 1 oz., \$2.59 reg. \$3.39

**Crystal Star Tummy Control** 60 vcap.



reg. \$29.09 ea. **Select Diet Aids on Sale**  **Andalou Naturals 1000 Roses Cleansing** 



reg. \$12.79 ea. Select Facial Line on Sale

Desert Essence **Toothpaste** selected varieties 6.25-7 oz.



reg. \$5.99 ea.

giovanni **2Chic Ultra Sleek Shampoo or** Conditioner 8.5 oz.



\$7.19 reg. \$7.99 ea.

Crystal **Roll-On Deodorant** 

2.25 oz.



reg. \$3.79 ea.

Gabriel Lipstick

selected varieties- 0.12 oz.



reg. \$15.99 ea. Gabriel and ZuzuLuxe Line on Sale

Dr. Bronner's **Unscented Mild Liquid Soap** 16 oz.





reg. \$10.99 ea. Unscented 2-24 oz. On Sale

**Avalon Organics Vitamin C Facial Toner or Gel** 8.5 oz.



reg. \$12.59 ea.

Clean Well **Foaming Hand Soap** 

selected varieties- 9.5 oz.





Grocery

Justin's **Natural Peanut Butter** 

selected varieties 16 oz.



reg. \$6.89 ea. Squeeze, 1.15 oz., .49¢ reg. .69¢

Lundberg **Organic Rice Cake** selected varieties 8.5 oz.

BEST



reg. \$4.29 ea.

Sweet Dreams, 3.17 oz., \$2.99 reg. \$3.89

Barbara's Bakery **Cheese Puffs** selected varieties





**Kale Krunch** selected varieties- 2.2 oz.



reg. \$6.49 ea.



reg. \$3.89 ea.

reg. \$4.49 ea. 12 oz., .39¢ reg. .59¢

**Big Island Organics Organic Gingerade or** Lemonade selected varieties 16 oz.



La Croix

8 pk.

**Sparkling Water** 

selected varieties

reg. \$2.79 ea. 32 oz., \$4.39 reg. \$5.49

> Annie's Natural **Dressing** selected varieties 8 oz.



reg. \$3.99 ea. 16 oz., \$4.99 reg. \$7.79

Maya Kaimal Chickpea or Naan Chips selected varieties 4.5-6 oz.



annie e

reg. \$2.29 ea.

**Bob's Red Mill Organic** Flaxseed Meal selected varieties- 16 oz.



Navitas

Organic

reg. \$20.79 ea.

**BAKERY ON MAIN** 

selected varieties

**S5.49** 

reg. \$7.59 ea.

barnana

3.5 oz.

Organic **Banana Bites** 

reg. \$5.49 ea.

selected varieties

Cacao Powder, 8 oz., \$6.99 reg. \$15.59

**Gluten Free Granola** 

Nut Crunch, 4 oz., \$5.49 reg. \$7.29

GREAT

Goji Berries

GOII

reg. \$5.49 ea.

Chia Seeds, 16 oz., \$7.99 reg. \$12.99

**Blue Diamond Almond Breeze** 

selected varieties 64 oz.





reg. \$5.29 ea.

Annie's Homegrown Mac & Cheese selected varieties 6-7 oz.



reg. \$2.69 ea.

33.8 oz.

Ched Rice Pasta, 6 oz., \$2.49 reg. \$4.29

1907 New Zealand

**Water Artesian** 



**Green Mountain Gringo** Salsa

selected varieties 16 oz.





CHEWY BANANA BIVE

reg. \$6.09 ea.

Tortilla Strips, 7 oz., \$2.29 reg. \$2.79

visit us at downtoearth.org and also on (f



2525 South King Street Honolulu, Hawaii 96826 (808) 947-7678

**KAILUA** 

201 Hamakua Drive Kailua, Hawaii 96734 (808) 262-3838

**PEARLRIDGE** 

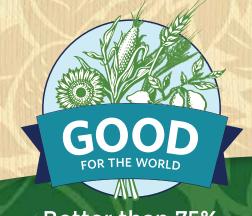
98-129 Kaonohi Street Aiea, Hawaii 96701 (808) 488-1375

**KAPOLEI** 

4460 Kapolei Parkway Kapolei, Hawaii 96707 (808) 675-2300

You Tube **KAHULUI** 

305 Dairy Road Kahului, Hawaii 96732 (808) 877-2661



Better than 75%
Of all food produced in the U.S.



Better than 85%
Of all food produced in the U.S.

BEST FOR THE WORLD

Better than 95%
Of all food produced in the U.S.

# Shop "Sustainability" with HowGood Price Tags

Our new "HowGood" product price tag system provides an easy way for you to see whether a product is environmentally friendly and socially responsible.

**How does it work?** The HowGood system condenses extensive research into a simple rating that is part of the information on the product shelf tag.

It will show "how good" the product rates for the environment, society, and the world: **Good** (better than 75% of all food produced in the U.S.), **Great** (better than 85%), and **Best** (Better than 95%)!

The new shelf tags will show the price, the HowGood rating, and other product attributes such as Organic, Local, Non-GMO, Gluten Free, etc.:

## How is the rating determined?

Over 60 indicators are used to cover ingredients and practices, including the origin and production of ingredients, corporate governance, and issues such as carbon emissions, hazardous waste, and the treatment of workers. Over 100,000 products have been rated to date.

# NON-BRA Lining TUSCAN S4.69 S4.69 CREAT STATE OF THE PROPERTY OF THE PROP

## What if an item doesn't have a HowGood logo on the shelf tag?

If an item hasn't been rated or if its rating is below average, the How Good logo will not appear.

## Is there an app?

Yes! The free HowGood app (from the App Store or Google Play) can be used to scan barcodes for ratings and access to the database of over 100,000 products.

## Where can customers get more information?

Customers can learn more from our HowGood brochure, which will be available from cashiers later this month, and by visiting <a href="https://www.howgood.com">www.howgood.com</a>

## **About HowGood**

Founded in 2007, <u>HowGood</u> is an established research organization based in New York, which has developed its own rating system to identify the leaders in the food industry. It licenses that data to smaller grocers in 21 states across the U.S., as well as other food and tech companies.

That system today includes over 60 benchmark indicators of a company's behavior, ranging from the ingredients to the manufacturing process to the way workers are treated. HowGood looks at nearly every factor that goes into a food's production, even things most consumers don't think about when dropping items into their shopping cart – like carbon emissions or concerns around hazardous waste.

We hope you'll find HowGood to be a useful tool that helps you buy smarter every day!

Grocery

**ONE DEGREE Veganic Cereal** 

selected varieties 8-12 oz.







Bread, selected varieties, 19-22 oz., \$3.99 reg. \$6.79

KOY0 Ramen

selected varieties- 2-2.1 oz.





**\$1.19** reg. \$1.39 ea.

Mary's Gone Crackers **Organic Crackers** selected varieties- 5.5-6.5 oz.





reg. \$5.89 ea. Cookies, 4.5 oz., \$3.49 reg. \$5.29

**Happy Baby Organic Baby Food** selected varieties







\$1.59 reg. \$2.19 ea.

**BEANITOS Bean Chips** 

selected varieties 6 oz.





reg. \$3.49 ea.

**SO Delicious** 

GOOD

reg. \$2.89 ea.

**Field Roast** 

GOOD

\$5.49

reg. \$7.39 ea.

**Plum Organics** 

3-4.2 oz.

selected varieties

Sausage

Greek, \$1.99 reg. \$2.89

selected varieties- 12.95 oz.

FIELD ROAST

Frankfurters, 16 oz., \$5.99 reg. \$9.69

**Organic Baby Food** 

**Coconut Milk Yogurt** 

selected varieties- 6 oz.



**Fig Bar** selected varieties- 2 oz.

nature's bakery



reg. .89¢ ea.

Amy's **Organic Pizza** selected varieties- 12-15 oz.





\$6.99 reg. \$10.59 ea. Rice Crust, 12-14 oz., \$8.99 reg. \$14.39

Rudi's Organic Bakery **Organic Bread** selected varieties 22 oz.



Rudis

reg. \$6.19 ea. Spelt, 20 oz., \$3.99 reg. \$7.29

**Traditional Medicinals Organic Tea** selected varieties- 16 bg.





reg. \$6.19 ea.

Manitoba Harvest **Organic Hemp** Hearts



**Tasty Bite** 

**Entrée** 

GOOD

10 oz.

selected varieties



reg. \$4.39 ea.



TASTY BITE

Madras Lentils

\$10.99 reg. \$18.79 ea. Hemp Hearts, 8 oz., \$6.59 reg. \$10.29

Hubert's Lemonade selected varieties 16 oz.



reg. \$2.29 ea.

Lily's **Stevia Chocolate Bar** 

selected varieties 3 oz.





reg. \$5.49 ea.

reg. \$2.29 ea.

Puffs, 1.5-1.75 oz., \$3.29 reg. \$4.09