Down to Earth
ORGANIC & NATURAL
Menu
Skip the Line, Order Online!

Order your Deli Favorites Online
Pick Up in Store or Get it Delivered

Download the Mobile App “Down to Earth Deli”
or visit dtedeli.org

Discounts do not apply.
Juice
FRESH JUICES

12oz $6.99 • 16oz $8.99 • 24oz $11.99

The Real V8

Alive
Organic Apples, Organic Celery, Cucumber, Organic Spinach, Organic Ginger, Organic Mint

Immune Booster

Energize Surprize

Fantastic Fat Fighter
Organic Cucumber, Organic Apples, Organic Celery, Organic Mint, Organic Lime, Coconut Water

Fresh-n-Fabulous

Beauty Beets
Organic Carrots, Organic Beets, Organic Lemon, Organic Ginger

Emergen-C
Organic Oranges, Organic Lemon, Pineapple, Organic Carrots

Organic Carrot
Organic Carrots

Organic Orange Juice
12oz $9.99 • 16oz $11.99 • 24oz $15.99

Superfoods Shots
1oz $4.59 • 2oz $6.59

Your choice of Ginger or Wheatgrass
MAKE YOUR OWN FRESH JUICE!

12oz $6.99 • 16oz $8.99 • 24oz $11.99

Choose Your Juice Base Pick any combination of:

- Apple
- Beet
- Carrot
- Celery
- Coconut Water
- Cucumber
- Tomato

Choose any Combination of Juice Add-Ons: (Only 1 Serving of Each) Extra Servings $1 Each

- Basil
- Organic Garlic
- Organic Ginger
- Kale
- Organic Lemon
- Organic Lime
- Organic Mint
- Organic Spinach
- Organic Parsley
- Organic Turmeric
- Wheatgrass

ADD A NUTRITIONAL BLASTS $1.00 EACH

- Acai
- Cacao Nibs
- Cacao Powder
- Chia Seeds
- Flax
- Ginger
- Maca
- Pomegranate
- Protein Powder (Raw Plant or Whey)
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Organic Espresso Bar
## ORGANIC ESPRESSO DRINKS

<table>
<thead>
<tr>
<th>Drink</th>
<th>Small</th>
<th>Medium</th>
<th>Large</th>
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</thead>
<tbody>
<tr>
<td>Americano</td>
<td>$3.99</td>
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<tr>
<td>Café Latte</td>
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<tr>
<td>Mocha Latte</td>
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<tr>
<td>Vanilla Latte</td>
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<tr>
<td>Cinnamon Honey Latte</td>
<td>$4.99</td>
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<tr>
<td>Cappuccino</td>
<td>$4.99</td>
<td>$5.59</td>
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<tr>
<td>Flat White</td>
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<tr>
<td>Mushroom Love Latte</td>
<td>$5.59</td>
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<tr>
<td>Mushroom Love Mocha</td>
<td>$5.59</td>
<td>$5.99</td>
<td>$6.99</td>
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</table>

## OTHER DRINKS

<table>
<thead>
<tr>
<th>Drink</th>
<th>Small</th>
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<tbody>
<tr>
<td>Chai Latte</td>
<td>$4.99</td>
<td>$5.59</td>
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<tr>
<td>Yerba Mate Latte</td>
<td>$4.99</td>
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<tr>
<td>Hot Chocolate</td>
<td>$4.59</td>
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</table>
ICE BLENDED DRINKS

<table>
<thead>
<tr>
<th>Drink</th>
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<tbody>
<tr>
<td>Mocha Latte Ice Blended</td>
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<td>$5.99</td>
<td>$6.59</td>
</tr>
<tr>
<td>Vanilla Latte Ice Blended</td>
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<td>$5.99</td>
<td>$6.59</td>
</tr>
<tr>
<td>Chai Latte Ice Blended</td>
<td>$5.59</td>
<td>$5.99</td>
<td>$6.59</td>
</tr>
</tbody>
</table>

EXTRAS

Extra Espresso Shots:
- Single $1.99
- Double $2.99

Add organic whipped cream 50¢
Add your favorite organic flavor 50¢

- Caramel
- Mint
- Vanilla
- Raspberry
- Pumpkin Spice
- Hazelnut
- Almond

Down to Earth's Espresso Drinks uses Fair Trade Certified and USDA Organic Espresso Beans

All Down to Earth Espresso drinks can be made with your choice of Organic Whole Milk, Organic Low Fat Milk, Organic Soy Milk, Almond Milk or Coconut Milk
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Smoothies
SUPER SMOOTHIES

Kreamy Kale
Kale, Sprouted Almonds, Purified Water, Bananas, Flax, Almond Butter, Agave

Mocha Mixer
Cacao Nibs, Cacao Powder, Bananas, Sprouted Almonds, Purified Water, Coconut Oil, Dandelion Coffee, Agave

Berry Blaster
Strawberries, Blueberries, Raspberries, Bananas, Sprouted Almonds, Purified Water, Super Greens, Acai Powder, Agave

Powerful Protein
Sprouted Almonds, Purified Water, Bananas, Almond Butter, Raw Plant or Whey Protein, Spirulina, Maca, Agave

Island Sunset
Strawberries, Mango, Bananas, Pineapple, Coconut Water, Goji, Pomegranate Powder, Agave

ALL FRUIT SMOOTHIES

Tropical Passion
Mango, Papaya, Bananas, Passion Fruit Mango Juice

Lanikai Sunrise
Mango, Pineapple, Strawberries, Passion Fruit Mango Juice

Ultimate Berry
Blueberries, Raspberries, Strawberries, Apple Juice

Pitaya Smoothie (Dragonfruit)
Organic Pitaya, Strawberries, Mango, Pineapple, Bananas, Passion Fruit Mango Juice

Mega Acai Smoothie
Organic Acai Sorbet, Blueberries, Pineapple, Bananas, Apple Juice
SUPER FRUIT BOWLS

Pitaya (Dragonfruit) Bowl $9.99
Organic Pitaya Sorbet, Strawberries, Bananas, Apple Juice. Topped with Granola

Rio Acai Bowl $9.99
Organic Acai Sorbet, Bananas, Apple Juice. Topped with Granola

Warrior Bowl $10.99
Your choice of Organic Acai Sorbet or Organic Pitaya Sorbet, Blueberries, Raspberries, Bananas, Strawberries, Apple Juice. Topped with Shredded Coconut, Granola, and Honey

Lehua Bowl $9.99
Pineapple, Bananas, Coconut Water, Goji Berries. Topped with Shredded Coconut, Sliced Bananas, Hemp Seeds, Coconut Cream Drizzle

Makai Bowl $9.99
Blue Spirulina Sorbet, Pineapple, Passion Fruit Mango Juice. Topped with Hemp Seeds, Sliced Bananas, Shredded Coconut

Mauka Bowl $9.99
Green Spirulina Maca Sorbet, Pineapple, Banana, Coconut Water. Topped with Bee Pollen, Sliced Bananas, Chia Seeds, Coconut Cream Drizzle

ADD A NUTRITIONAL BLASTS

$1.00 each

• Acai
• Cacao Nibs
• Cacao Powder
• Chia Seeds
• Flax
• Ginger
• Maca

• Pomegranate
• Protein Powder (Raw Plant or Whey)
• Spirulina
• Supergreens
• Turmeric
• Vitamin C

Any of our Smoothies and Shakes can be made Vegan with Organic Soy Milk, Almond Milk, Coconut Milk or Organic Soy Ice Cream upon request. Agave can be substituted with Honey or Dates.
CREAMY SMOOTHIES

12oz $5.99 · 16oz $7.59 · 24oz $9.99

Very Berry
Blueberries, Blackberries, Strawberries, Apple Juice, Organic Vanilla Ice Cream, Organic Low Fat Milk

Tropical Mango
Mango, Bananas, Pineapple, Papayas, Passion Fruit Mango Juice, Organic Vanilla Ice Cream

Piña Colada
Pineapple, Coconut Milk, Passion Fruit Mango Juice, Organic Vanilla Ice Cream

ICE CREAM SHAKES

12oz $5.59 · 16oz $7.59 · 24oz $9.99

Vanilla
Organic Vanilla Ice Cream, Organic Low Fat Milk, Organic Vanilla

Chocolate
Organic Vanilla Ice Cream, Organic Low Fat Milk, Organic Chocolate Syrup

Strawberry
Organic Vanilla Ice Cream, Organic Low Fat Milk, Strawberries

Peanut Butter
Organic Vanilla Ice Cream, Organic Low Fat Milk, Peanut Butter

Coconut Macadamia Nut
Organic Vanilla Ice Cream, Coconut Milk, Macadamia Nuts, Shredded Coconut
ADD A NUTRITIONAL BLASTS

$1.00 Each

• Acai
• Cacao Nibs
• Cacao Powder
• Chia Seeds
• Flax
• Ginger
• Maca
• Pomegranate
• Protein Powder (Raw Plant or Whey)
• Spirulina
• Supergreens
• Turmeric
• Vitamin C

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Sandwiches & Wraps
DTE Signature Burgers

Down to Earth’s house-made veggie burgers are prepared from scratch daily.

All burgers come with Follow Your Heart Vegenaise, Organic Ketchup, Organic Tomatoes, Onion, Sprouts, Pickles, Organic Lettuce, your choice of Cheese all on a Whole Wheat Bun. Cheese options include: Swiss, Jack, Cheddar, Vegan Cheddar or Vegan Swiss

**Earth Burger $10.99**


**Black Bean & Roasted Beets Burger $10.99**


Any Burger or Sandwich can be made using Whole Wheat Wraps

All Breads, Wraps, and Buns are Vegan

All Burgers and Sandwiches can be made without any breads. Substitute lettuce or kale as a wrap instead

**Cheese options include:**
- Swiss
- Jack
- Cheddar Cheese

**Vegan Cheese options include:**
- Vegan Cheddar
- Vegan Swiss
SPECIALTY BURGERS

All burgers come with Follow Your Heart Vegenaise, Organic Ketchup, Organic Tomatoes, Onion, Sprouts, Pickles, Organic Lettuce, your choice of Cheese all on a Whole Wheat Bun. Cheese options include: Swiss, Jack, Cheddar, Vegan Cheddar or Vegan Swiss

**Beyond Burger $12.99**

Water, Pea Protein Isolate*, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Cocoa Butter, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Salt, Potassium Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Pomegranate Fruit Powder, Beet Juice Extract

**Amy’s California Veggie Burger $10.99**


**Gardein Garden Veggie Burger $10.99**

Cooked Brown Rice, Water, Carrots, Bell Peppers, Roasted Onions, Rolled Oats, Peas, Canola Oil, Roasted Corn, Soy Protein Concentrate, Methylcellulose, Yeast Extract, Organic Cane Sugar, Salt, Dried Garlic, Garlic Powder, Onion Powder, Spices, Natural Flavors, Paprika, Sea Salt, Citric Acid

**Turtle Island Tempeh Super Burger $10.99**

Organic Soybeans, Organic Brown Rice, Organic Wild Rice, Shoyu, Lemon Juice, Onions, Garlic, Vinegar, Starter Culture (Rhizopus Oligosporus)

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**Wheat Free Burger $12.99**

Pick your choice of Wheat-Free Burger:
- Down to Earth’s Black Bean & Roasted Beets Burger or
- Gardein Garden Veggie Burger

and your choice of Gluten Free bread:
- Gluten Free Wrap
- Gluten Free Bun
HOT SANDWICHES & WRAPS

The Reuben • $10.99
Vegetarian Yves Salami, Sauerkraut, Swiss Cheese, Sesame Seeds, Pickles, Tomatoes, Organic Organic Lettuce, Stone Ground Mustard, and Follow Your Heart Vegenaise on Rye

The Veggie Dog • $7.99
Relish, Ketchup, and Mustard on a Whole Wheat Bun with your choice of
• Field Roast Apple Sage Sausage
• Field Roast Chipotle Sausage
• Yves Veggie Dog

Focaccia Panini • $10.99
Pesto, Mozzarella Provolone Cheese Blend, Tomatoes, Onions, Bell Peppers, and Vegetarian Yves Ham, Yves Turkey, or Yves Salami (Grilled) on Focaccia bread

Mediterranean Panini • $10.99
Pesto, Tomatoes, Kalamata Olives, Feta and Mozzarella Cheese, Spinach, and Balsamic Vinegar on Foccacia bread

Mock Chicken Supreme • $10.99
Alpha Foods Chik’n Patty, Vegenaise, Ketchup, Onions, Lettuce, Tomatoes, Pickles, Sprouts, and Swiss, Jack, or Cheddar Cheese on a Whole Wheat Bun

Nashville Hot Chik’n Sandwich (Spicy) • $12.99
Gardein Nashville tender, coleslaw, pickles, vegenaise on a toasted bun.

• Any Burger or Sandwich can be made using Whole Wheat Wraps
• All Breads, Wraps, and Buns are Vegan
• All Burgers and Sandwiches can be made without any breads
  Substitute lettuce or kale as a wrap instead
• Cheese options include Swiss, Jack, or Cheddar Cheese
• Vegan Cheese options include Vegan Cheddar or Vegan Swiss
COLD SANDWICHES & WRAPS

The Rainforest Sub • $10.99
Avocado, Sprouts, Spinach, Tomatoes, Carrots, Bell Peppers, Onions, Mustard, Follow Your Heart ™️ Vegenaise, Spike, and Lemon Juice on a Whole Wheat Sub Roll

Veggie Cold Cut Sub • $10.99
Vegetarian Yves Salami, Yves Turkey or Yves Ham Slices, Tomatoes, Pepperoncini, Onions, Black Olives, Organic Lettuce, Bell Peppers, Follow Your Heart ™️ Vegenaise, Mustard, Olive Oil, Vinegar, and Swiss, Jack or Cheddar Cheese on a Whole Wheat Sub Roll

Mock Chicken Salad Wrap • $10.99
Down to Earth Mock Chicken Salad with Follow Your Heart ™️ Vegenaise, Tomatoes, Cucumber, Sprouts, and Organic Lettuce on a Whole Wheat Tortilla

Avocado Wrap or Sandwich • $10.99
Avocado, Tomatoes, Onions, Sprouts, Follow Your Heart ™️ Vegenaise and Mustard on a Whole Wheat Tortilla or Whole Wheat Bread

Falafel Wrap • $10.99
Falafel, hummus, tomatoes, cucumbers, lettuce, tzatziki sauce on a whole wheat tortilla.

EXTRAS

Gluten Free Wrap • $1.00
Gluten Free Bread or Burger Bun • $2.00
Organic Tortilla Chips & Salsa • $1.00
Add Cheese or Vegan Cheese • $.49
• Swiss, Jack, or Cheddar Cheese
• Vegan Cheddar or Swiss Cheese
Avocado • $1.00
SOUTH OF THE BORDER

Fresh Mex Burrito • $10.99
3 Bean Chili, Organic Brown Rice, Cheese, Vegan Red Pepper Dressing, and Organic Lettuce on a Whole Wheat Tortilla

Quesadilla • $10.99
Cheese, Bell Peppers, Green Onions, and Black Olives on a Whole Wheat Tortilla

All South of the Border entrées come with side orders of Sour Cream, Avocado, and Fresh Salsa

VEGGIE VALUE MENU

Mock Fishwich • $5.99
Mock fish tempura fillet, cheese, whole wheat bun, vegenaise, relish

Mock Fish Taco • $2.99
Mock fish tempura fillet, corn tortilla, red cabbage, salsa, cilantro

Bean Rice Cheese Burrito • $4.99
Whole wheat wrap, brown rice, mixed beans, cheese

Spicy Chik’n Roll up • $5.49
Nashville hot chik’n tender, whole wheat wrap, vegenaise, lettuce

Grilled Ham and Cheese • $5.99
Mock fish tempura fillet, cheese, whole wheat bun, vegenaise, relish

Value Cheeseburger • $5.99
Earth Burger patty, cheese, ketchup, pickles

Cheese Quesadilla • $4.99
Whole wheat wrap, cheese

• Any Burger or Sandwich can be made using Whole Wheat Wraps
• All Breads, Wraps, and Buns are Vegan
• All Burgers and Sandwiches can be made without any breads. Substitute lettuce or kale as a wrap instead
• Cheese options include Swiss, Jack, or Cheddar Cheese
• Vegan Cheese options include Vegan Cheddar or Vegan Swiss
Grilled Cheese • $5.99
Whole Wheat Bread, Your Choice of Cheddar Cheese or Vegan Cheddar Cheese

Almond Butter and Jelly • $5.99
Whole Wheat Bread, Almond Butter, Your Choice of Strawberry Jelly or Grape Jelly

Peanut Butter and Jelly • $4.99
Whole Wheat Bread, Peanut Butter, Your Choice of Strawberry Jelly or Grape Jelly

Mock Chicken Nuggets (Alpha Chik’n Nuggets)
• 4 Pieces $3.99
• 10 Pieces $7.99

Add-ons: BBQ Sauce 50¢  Ranch Sauce 50¢

Also available in the freezer section at select Down to Earth locations

Alpha Mock Chicken Nuggets: Chik’n (Water, Soy Protein Concentrate, Textured Wheat Protein [Wheat Gluten, Wheat Starch, Vitamin E (Tocopherols)], Canola Oil, Vegan Chik’n Seasoning [Maltodextrin, Yeast Extract, Salt, Gum Arabic, Natural Flavors, Citric Acid], Methylcellulose, Yeast Extract, Natural Vegan Flavor), Breading (Wheat Flour, Wheat Gluten, Corn Starch, Canola Oil, Sugar, Yeast, Dextrose, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Garlic Powder, Onion Powder, Salt, Sunflower Oil. CONTAINS: Soy, Wheat
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**CREATE YOUR OWN ASIAN WOK BOWL**

**Choose Your Bowl**

<table>
<thead>
<tr>
<th>Keauhou Bowl</th>
<th>Buddha Bowl</th>
<th>Kakaako Bowl</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Carrots</td>
<td>• Chickpeas</td>
<td>• Garlic</td>
</tr>
<tr>
<td>• Garlic</td>
<td>• Cauliflower</td>
<td>• Onions</td>
</tr>
<tr>
<td>• Onions</td>
<td>• Chinese Snap Peas</td>
<td>• Kale</td>
</tr>
<tr>
<td>• Mushrooms</td>
<td>• Red &amp; Green Peppers</td>
<td>• Mushrooms</td>
</tr>
<tr>
<td>• Green Onions</td>
<td>• Garlic</td>
<td>• Green Onions</td>
</tr>
<tr>
<td>• Broccoli Florets</td>
<td></td>
<td>• Mung Bean Sprouts</td>
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<tr>
<td>• Baby Bok Choy</td>
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<td>• Cashews</td>
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<tr>
<td></td>
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<td>• Ginger</td>
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<table>
<thead>
<tr>
<th>Keawe Bowl</th>
<th>Shanghai Bowl</th>
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<tbody>
<tr>
<td>• Celery</td>
<td>• Broccoli</td>
</tr>
<tr>
<td>• Garlic</td>
<td>• Green Onions</td>
</tr>
<tr>
<td>• Edamame</td>
<td>• Garlic</td>
</tr>
<tr>
<td>• Long Beans</td>
<td>• Carrots</td>
</tr>
<tr>
<td>• Red Onions</td>
<td>• Shiitake Mushrooms</td>
</tr>
<tr>
<td>• Green Onions</td>
<td></td>
</tr>
</tbody>
</table>

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A bowl of vegetables being cooked in a wok.
Choose Your Sauce
- Teriyaki Sauce
- Kung Pao Sauce
- Sweet & Sour Sauce
- Black Bean Sauce
- Mock Chicken Vegetarian Broth

Choose Your Grain
- Organic Brown Rice
- Organic Quinoa
- White Rice Noodles (Wide)
- Brown Rice Noodles (Thin)
- Buckwheat Soba Noodles
- Saimin Noodles

Choose Your Protein
- Tofu
- Mock Chicken Strips
- Mock Beef Strips

EXTRAS
Assorted Vegetable Tempuras w/ Vegan Dashi • $4.99
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FRESH PIZZA

10” Individual Pie $14 • 16” Whole Pie $22

**Original Margherita**
Fresh Roma Tomatoes, Fresh Basil, Fresh Mozzarella, Roasted Garlic, Red Pizza Sauce

**Mushroom Alfredo**
Fresh Mushrooms, Mozzarella Provolone Blend, Fresh Basil, Roasted Garlic, White Alfredo Sauce

**Big Kahuna Greek**
Fresh Roasted Roma Tomatoes, Kalamata Olives, Red Onions, Red Peppers, Yellow Peppers, Green Peppers, Feta Cheese, Mozzarella Provolone Blend, Pesto Sauce

**Classic Hawaiian (Vegan Option Available)**
Fresh Roasted Pineapple, Mock Ham, Red Onions, Mozzarella Provolone Blend or Vegan Mozzarella, Red Pizza Sauce

**Mediterranean Veggie (Vegan Option Available)**
Zucchini, Yellow Squash, Eggplant, Artichokes, Red Onions, Garlic, Fresh Basil, Mozzarella Provolone Blend or Vegan Mozzarella, Red Pizza Sauce

**Vegeroni (Vegan Option Available)**
Yves ®Veggie Pepperoni, Mozzarella Provolone Blend or Vegan Mozzarella, Red Pizza Sauce

**Just Cheese (Vegan Option Available)**
Mozzarella Provolone Blend or Vegan Mozzarella, Red Pizza Sauce
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2525 S King St
Honolulu, HI
Phone: (808) 947-7678

Kakaako
500 Keawe Street
Honolulu, HI
Phone: (808) 465-2512

Kailua
573 Kailua Road
Kailua, HI
Phone: (808) 262-3838

Pearlridge
98-211 Pali Momi Street
Aiea, HI
Phone: (808) 488-1375

Kapolei
4460 Kapolei Parkway
Kapolei, HI
Phone: 808-675-2300

Kahului, Maui
305 Dairy Rd
Kahului, HI
Phone: (808) 877-2661

www.downtoearth.org

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