

# VEGETARIAN & VEGAN COOKING MADE EASY: LECTURE, DEMONSTRATION, AND SAMPLING!

## FREE!

## 1<sup>ST</sup> SATURDAY OF EVERY MONTH AT DOWN TO EARTH 11:00 AM - 12:00 NOON



**Saradha Johnson**  
Down to Earth Vegetarian Chef

Learn Saradha's recipes for amazing vegetarian dishes that are easy to make!

Join her the first Saturday of every month to see how she uses local, organic, and wholesome ingredients to make healthy and delicious entrees, soups, breakfasts, and desserts.

With her extensive cooking and baking experience, you'll find Saradha's classes to be a wealth of information, and her delightful personality makes these classes great fun!

We hope you will join Saradha for her cooking classes at our Honolulu location, next door in Down to Earth's LifeStyle Center on the second floor!

*See you there!*

**Honolulu** - 2525 South King Street - (808) 947-7678  
Open 7:30 am - 10:00 pm, Mon - Sun.

