Down to Earth Malama Mushrooms Superfoods 8-Mushroom Mix now available at the Espresso Bar!







WHAT'S IN THE MIX?

CHAGA
Anti-oxidant

LIONS MANE
Brain & Nerve Health

CORDYCEPS Energy Support

MAITAKE
Healthy Blood Sugar



REISHI
Overall Wellness

TURKEY TAIL Immunity

TREMELLA
Skin Health

SHIITAKEHeart Health