



Grocery

Once Again

Tahini

Selected Varieties,
16 oz.



\$8.69

reg. \$13.39 ea.

Annie's Homegrown

Macaroni & Cheese

Selected Varieties,
5 oz.



\$1.39

reg. \$2.89 ea.

Truff

Pasta Sauce

Selected Varieties,
17 oz.



\$11.59

reg. \$17.49 ea.
Select Truffle Oil On Sale

Alpha Foods

Burrito

Selected Varieties,
5 - 5.5 oz.



\$2.69

reg. \$4.99 ea.

Lundberg

Rice

Selected Varieties,
32 oz.



\$7.29

reg. \$10.69 ea.

RightRice

Rice

Selected Varieties,
6 - 7 oz.



\$3.39

reg. \$4.99 ea.

VeggieCraft

Pasta

Selected Varieties,
8 oz.



\$3.99

reg. \$5.59 ea.

Paqui

Tortilla Chips

Selected Varieties,
7 oz.



\$3.79

reg. \$6.99 ea.

Siete

Cookies

Selected Varieties,
4.5 oz.



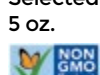
\$3.99

reg. \$6.39 ea.

Mary's Gone Kookies

Graham-style Snacks

Selected Varieties,
5 oz.



\$3.59

reg. \$6.19 ea.

Honest

Tea

Selected Varieties,
16 oz.



\$1.59

reg. \$2.59 ea.

Gold Thread

Tonic Drink

Selected Varieties,
12 oz.



\$3.59

reg. \$4.49 ea.

C2O

Coconut Water

Selected Varieties,
17.5 oz.



\$2.19

reg. \$3.19 ea.

Koia

Protein Drink

Cinnamon Horchata,
12 oz.



\$3.99

reg. \$5.79 ea.

GT's

Kombucha

Selected Varieties,
16 oz.



\$3.69

reg. \$4.89 ea.

Spero

Sunflower Cream

Selected Varieties,
6.5 oz.



\$3.69

reg. \$7.79 ea.



Grocery

Alter Eco
Chocolate Bar
Selected Varieties,
2.65 oz.



\$3.29
reg. \$4.59 ea.



Bachan's
BBQ Sauce
Selected Varieties,
17 oz.



\$7.19
reg. \$9.99 ea.

Clean Cause
Yerba Mate
Selected Varieties,
16 oz.



\$2.39
reg. \$3.69 ea.



Back to Nature
Cookies
Selected Varieties,
8 oz.



\$3.99
reg. \$6.19 ea.

Laird Superfood
Instafuel or Coffee
Selected Varieties,
8 - 12 oz.



\$11.19
reg. \$16.29 ea.



Food for Life
Cereal
Original or Flax,
16 oz.



\$7.49
reg. \$8.99 ea.
Almonds **\$8.19** reg. \$9.19



Essential Baking
Take & Bake Breads
Selected Varieties,
12 - 16 oz.



\$5.49
reg. \$6.89 ea.



Dr. Bronner's
Coconut Oil
30 oz.



\$16.59
reg. \$23.19 ea.

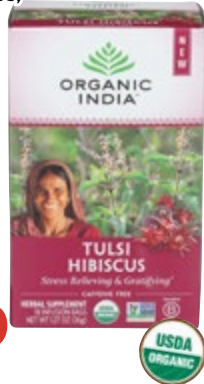


R.W. Knudsen
Recharge
Selected Varieties,
32 oz.



\$2.79
reg. \$4.09 ea.

Organic India
Tea
Selected Varieties,
18 bg.



\$4.59
reg. \$6.29 ea.



Runa
Clean Energy
Selected Varieties,
12 oz.



\$1.99
reg. \$2.99 ea.



HOP WTR
Sparkling Hop Water
Selected Varieties,
12 oz.



\$2.19
reg. \$3.29 ea.

Lakewood
Tart Cherry Juice
32 oz.



\$7.79
reg. \$13.39 ea.



Lotus Foods
Rice
Selected Varieties,
15 oz.



\$3.99
reg. \$5.39 ea.
Tier 2 **\$4.99** reg. \$6.39



Vina
Beverage
Selected Varieties,
12 oz.



\$2.29
reg. \$2.89 ea.



Steaz
Yerba Mate
Selected Varieties,
16 oz.



\$2.29
reg. \$3.49 ea.



Some products may not be available. Quantities on some items may be limited. We reserve the right to correct pricing errors and to limit quantities. Available while supplies last.

Chill & Frozen

Cocojune
Coconut Yogurt
Selected Varieties,
16 oz.



\$6.99
reg. \$11.49 ea.

Miyoko's
Liquid Mozzarella Cheese
16 oz.



\$6.39
reg. \$9.59 ea.

Nancy's
Yogurt
Selected Varieties,
32 oz.



\$5.59
reg. \$7.99 ea.

daiya
Pizza
Selected Varieties,
12 - 19 oz.



\$7.99
reg. \$11.99 ea.

Sweet Earth
Seitan Bacon
5.5 oz



\$3.99
reg. \$5.79 ea.

Redwood Hill Farm
Goat Milk Kefir
Traditional or Blueberry,
32 oz.



\$6.99
reg. \$11.49 ea.

Field Roast
Chao Cheese
Selected Varieties,
8 oz.



\$6.19
reg. \$9.59 ea.
Sausage 10 - 12 oz. **\$6.79** reg. \$8.09

Lightlife
Smart Dog
Regular or Jumbo,
12 - 13.5 oz.



\$4.59
reg. \$6.69 ea.

Tofurky
Plant-based Sausage
Selected Varieties,
14 oz.



\$5.59
reg. \$6.79 ea.

Rumiano
Cheese
Selected Varieties,
8 oz.



\$5.39
reg. \$6.69 ea.

daiya
Cheese
Selected Varieties,
7.1 - 8 oz.



\$4.79
reg. \$6.69 ea.

Gardein
Entrees
Selected Varieties,
8 - 13.7 oz.



\$5.39
reg. \$7.99 ea.

Good Catch
Plant-Based Crab Cakes
Selected Varieties,
8 oz.



\$5.79
reg. \$8.39 ea.

Jolly Llama
Dairy-Free Cones
Van. or Choc.,
14.25 oz.



\$4.99
reg. \$6.89 ea.

Cascadian Farm
Frozen Fruits
Selected Varieties,
32 oz.



\$13.59
reg. \$18.69 ea.

Alden's Organic
Ice Cream Sandwich
Selected Varieties,
4 pk.



\$5.59
reg. \$6.79 ea.



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Grocery

Food for Life

Tortillas

Corn or Brown Rice,
10 - 12 oz.



\$4.19

reg. \$5.09 ea.

Kettle Brand

Potato Chips

Selected Varieties,
13 oz.



\$4.69

reg. \$6.49 ea.

Cadia

Salsa

Selected Varieties,
16 oz.



\$3.79

reg. \$5.19 ea.

Hu

Crackers

Selected Varieties,
4.25 oz.



\$4.79

reg. \$6.69 ea.

Live Pacha

Sourdough Bread

Selected Varieties,
28 oz.



\$9.19

reg. \$10.59 ea.

San J

Crackers

Selected Varieties,
3.5 oz.



\$3.19

reg. \$4.29 ea.

Cadia

Applesauce

Selected Varieties,
4 pk.



\$2.39

reg. \$4.59 ea.
24 oz. **\$2.99** reg. \$4.89

Shady Maple Farms

Maple Syrup

Amber or Dark Roast,
12.7 oz.



\$12.99

reg. \$17.59 ea.

Local Favorites

Rhythm

Cauliflower Snacks

Selected Varieties,
1.4 oz.



\$3.99

reg. \$5.59 ea.

Kale 2 oz. **\$4.99** reg. \$6.89

Nutrex

Spirulina 1000mg

180 tab.



\$21.99

reg. \$36.59 ea.

Select Sizes On Sale

Hawaiian Spirulina: grown locally in Kona using lava-filtered, pure aquifer water. Hawaiian Spirulina supports immunity, cardiovascular health, cellular health, and has superior nutrition as nature's multivitamin. Just 3 grams per day of Hawaiian Spirulina is the equivalent of 5 servings of fruits and vegetables, which are full of beta carotene, zeaxanthin, chlorophyll, and phycocyanin. Try spirulina today and see what this amazing superfood can do for you.

Big Island Organics

Lemonade

Selected Varieties,
16 oz.



\$2.99

reg. \$3.69 ea.

32 oz. **\$5.69** reg. \$6.59

Manitoba

Hemp Hearts

12 oz.



\$10.99

reg. \$16.79 ea.

Select Line On Sale

Good Crisp

Potato Crisp

Selected Varieties,
5.6 oz.



\$3.99

reg. \$5.19 ea.

Mavuno Harvest

Dried Fruit

Selected Varieties,
2 - 4 oz.



\$2.79

reg. \$4.99 ea.

Zevia

Natural Soda

Selected Varieties,
10/12 oz.



\$8.99

reg. \$12.19 ea.



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Wellness

New Chapter
Every Man or Woman
48 tab.



\$26.99

reg. \$44.39 ea.
Select Line On Sale

Vega
All In One Shake
Selected Varieties,
12.1 - 15 oz.



\$31.99

reg. \$44.59 ea.
Select Line On Sale

Acure
Shampoo or Conditioner
Selected Varieties,
8 oz.



\$6.79

reg. \$10.09 ea.

Andalou Naturals
Day or Night
Selected varieties,
1.7 oz.



\$15.49

reg. \$23.19 ea.

Garden of Life
Vitamin Code
Raw Calcium,
60 vcap.



\$22.99

reg. \$36.29 ea.
Select Line On Sale

Paradise
Earth Blend Vitamin D3
90 vcap.



\$9.29

reg. \$20.99 ea.
Select Line On Sale

Crystal
Body Deodorant
Selected Varieties,
2.25 - 4 oz.



\$3.99

reg. \$6.39 ea.

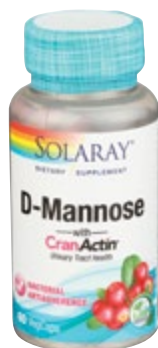
All Good
Sunscreen Spray SPF 30
Selected Varieties,
6 oz.



\$13.69

reg. \$19.69 ea.
Select Line On Sale

Solaray
D-Mannose with Cranactin
60 vcap.



\$21.99

reg. \$33.79 ea.

Ethan's
Shots
Selected Varieties,
2 oz.



\$2.79

reg. \$3.69 ea.
Immune Packet .51 oz. **\$1.99** reg. \$3.09

Himalaya
Toothpaste
Selected Varieties,
4 - 5.29 oz.



\$4.69

reg. \$6.49 ea.
Kids 4 oz. **\$3.99** reg. \$5.39

Dr. Bronner's
Soap Bar
Selected Varieties,
5 oz.



\$3.69

reg. \$5.19 ea.
24 oz. **\$14.99** reg. \$20.99

Gaia Herbs
Adrenal Health
60 vcap.



\$19.79

reg. \$27.19 ea.
Select Line On Sale

Boiron
Arnicare Cream
2.5 oz value pack.



\$12.49

reg. \$20.59 ea.
Select Line On Sale

Sukin
Face Cleanser
Selected Varieties,
4.23 oz.



\$7.29

reg. \$10.79 ea.

Avalon Organics
Shampoo or Conditioner
Lavender 32 oz.



\$15.49

reg. \$25.49 ea.



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Grocery

Cascadian Farm Granola or Cereal

Selected Varieties,
8.6 - 16 oz.



\$3.59

reg. \$8.19 ea.

Pacific Foods Almond or Oat Beverage

Selected Varieties,
32 oz.



\$3.29

reg. \$4.99 ea.

Sweet Earth Burger

8 oz.



\$5.59

reg. \$8.19 ea.

Select Pizza 12 - 14 oz. **\$7.99** reg. \$11.79

Seven Teas

Selected Varieties,
16 oz.



\$2.99

reg. \$3.59 ea.

Gomacro Bars

Selected Varieties,
2.3 oz.



\$2.39

reg. \$3.69 ea.

Nature's Path Instant Oatmeal

Selected Varieties,
8 pk.



\$3.69

reg. \$5.89 ea.

Santa Cruz Lemonade

Selected Varieties,
32 oz.



\$2.99

reg. \$4.79 ea.

Sunscoop Dairy-free Dessert

Selected Varieties,
16 oz.



\$6.59

reg. \$9.19 ea.

Bob's Red Mill Granola

Selected Varieties,
11 oz.



\$4.79

reg. \$7.39 ea.

Lundberg Rice Cake

Selected Varieties,
8.5 - 10 oz.



\$3.79

reg. \$5.99 ea.

Santa Cruz Peanut Butter

Selected Varieties,
16 oz.



\$5.49

reg. \$7.99 ea.

Perrier Sparkling Water

Selected Varieties,
25 oz.



\$2.29

reg. \$3.59 ea.

Good Health Potato Chips

Selected Varieties,
5 oz.



\$2.79

reg. \$4.49 ea.

daiya Deluxe Mac & Cheese

Selected Varieties,
10.6 - 10.9 oz.



\$3.99

reg. \$6.49 ea.

Heavenly Hunks Cookies

Selected Varieties,
6 oz.



\$4.29

reg. \$6.29 ea.

Unisoy Vegan Jerky

Selected Varieties,
3.5 oz.



\$5.49

reg. \$9.19 ea.

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Honolulu

2525 South King Street
Honolulu, Hawaii 96826
(808) 947-7678

Kakaako

500 Keawe Street
Honolulu, Hawaii 96813
(808) 465-2512

Kailua

573 Kailua Road, Suite 101
Kailua, Hawaii 96734
(808) 262-3838

Pearlridge

98-211 Pali Momi Street
Aiea, Hawaii 96701
(808) 488-1375

Kapolei

4460 Kapolei Parkway
Kapolei, Hawaii 96707
(808) 675-2300

Kahului

305 Dairy Road
Kahului, Hawaii 96732
(808) 877-2661

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