NOVEL CORONAVIRUS (COVID-19)
What You Need to Know

Coronavirus is a type of virus that causes diseases of varying severity, ranging from the common cold to a more serious respiratory disease. A novel (new) coronavirus is a new strain of coronavirus that hasn’t been identified before in humans.

How is it spread?
- Through coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it then touching your mouth, nose or eyes before washing your hands
- Because novel coronavirus is new, we are learning more each day about the transmission patterns and incubation periods.

What are the symptoms?
- Fever
- Cough
- Difficulty Breathing
- Severe Illness

How can I protect myself?
- Wash hands frequently
- Sanitize common areas constantly and avoid touching your eyes, nose, and mouth

If you think you may have been infected with novel coronavirus, call the Department of Health Reporting Line at (808) 586-4586

Down to Earth